# **GYMNASTICS**

The Cobb Gymnastics Center offers all levels of instructional gymnastics classes for boys & girls ages 2 years through high school. Cheer Gymnastics classes are also offered.

Gymnastics Center Coordinator Hoylene Noble 770-528-8475 Hoylene.Noble@cobbcounty.org Aquatics / Gymnastics Manager: Bob McCallister 770-528-8471 Robert.McCallister@cobbcounty.org

#### **FACILITIES**

The Cobb Gymnastics Center is located behind the Cobb Civic Center in the Larry Bell Fitness Complex at the intersection of South Marietta Parkway and Fairground Street.

Cobb Gymnastics Center 542 S Fairground Street SE Marietta, GA 30060 770-528-8475

Office hours: Monday-Friday 9:30 am -8:30 pm Saturday 9:00 am - 3:15 pm

#### **GENERAL INFORMATION**

#### Student Age

Child must meet age requirements by the start of the class. **Any exceptions** to this must register in person at the Gymnastics Center and show the evaluation slip stating the exception.

#### **Class Cancellation**

Classes are subject to cancellation if fewer than 4 participants register.

### Make-up Classes

( Girls Level 4/5/6)

All classes are fee-supported. We are unable to offer make-up classes or credits for missed classes.

#### ADA

In order that the department assures compliance with the Americans with Disabilities Act, if you have a specific physical or service accessibility need, please make the staff who work with the program/ facility aware so that we can reasonably accommodate your need.

#### **FEES**

45-minute classes \$8.00/class (Tumble Tots, Tumble Kids, Gym Kids)

55-minute classes \$10.00/class (Girls classes, Boys classes, Cheer classes)

1 ½- hour classes \$12.00/class (Girls Level 4, Boys Level 5)

2 hour classes \$14.00/class

#### REFUND POLICY

Registration fees are 100% refundable when the department cancels the activity. A Participant wishing to withdraw from a class that has **not** been cancelled by the department must provide a written request at least 7 days before the scheduled start of the class. They may receive 100% credit to the family's account or may request a refund. Within the week prior to the scheduled start of a class refund/credits will not be given except for verified medical/hardship cases.

#### WINTER SESSION REGISTRATION

\*\*\* Because we have such a large number of people trying to register for Gymnastics, we will register certain levels starting at different times as listed below.

ON-LINE Registration begins at the times listed below on SATURDAY, DECEMBER 7, 2013. www.prca.cobbcountyga.gov

PLEASE NOTE: YOU MUST GET YOUR PIN and Login ID numbers PRIOR to the first day of registration in order to register online. NO numbers can be given out the first day of registration.

WALK-UP Registration at the Gymnastics Center: 3:00-5:45 PM on SATURDAY, DECEMBER 7, 2013.

3:00 pm – Registration starts for all <u>Tumble Tots</u>, <u>Tumble Kids</u>, <u>Gym Kids</u>, and <u>ALL Boys</u> classes.

4:30 pm -- Registration starts for <u>ALL Girls</u> and Cheer Gym Classes

# TELEPHONE registration begins MONDAY, DECEMBER 9, 2013.

Gymnastics Center
Registration hours:

Mon-Thur - 10:00 am-6:30 pm
Fri - 10:00am - 5:00pm
Saturday - 9:30 am - 1:00 pm
Mon.-Fri. - 10:00 am-3:00 pm

Registration hours:

**All NEW student registration** must be done in person at the Gymnastics Center, **OR** you may come by the Gymnastics Center office prior to the registration date to be entered into our computer system and receive your EZ-Reg Log-in ID number and your PIN number for on-line registration.

Fees have been adjusted according to the number of classes for each particular day.

All registration AFTER the start of a session must be done through the Gymnastics Center.

#### **PAYMENT METHODS**

Check, Money Order, Visa, MasterCard, Cash accepted. When paying in cash, please have **EXACT** change. Full payment must be made at the time of registration. (Please note: there is a \$25.00 charge on returned checks.)

> Please note: Registration for classes is continuous <u>online</u> until the start of classes.

Registration for the Winter session will be taken through January 18, 2013.

#### WINTER SESSION DATES

January 6 - March 8

#### NO CLASSES:

Monday – Jan. 20 Friday & Saturday – Jan. 24-25

#### **DATES TO REMEMBER**

Dec. 7 Winter Session Registration begins
Jan. 6--Mar. 8 Winter Session classes
Jan. 20 NO CLASSES – MLK Holiday
NO CLASSES – GA Special
Olympics Gymnastics
Competition
Mar. 1 Spring Session Registration

# WINTER SESSION CLASSES

# PRESCHOOL CLASSES

# **Tumble Tots - age 2 - 3 1/2**

Each child in the class must have one adult to work with him or her individually. No siblings are allowed in the class without a second adult. Children participate in fun locomotor, exploratory, and gymnastics activities.

Fees:	\$64.00	(\$89.00 Non-	-county resident)
64044	Mon	Jan 6-Mar 3	10:00-10:45 AM
64047	Sat	Jan 11-Mar 8	9:15-10:00 AM
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**Fees:** \$72.00 (\$97.00 Non-county resident) 64045 Tue Jan 7-Mar 4 10:00-10:45 AM 64046 Thu Jan 9-Mar 6 11:00-11:45 AM

#### Tumble Kids 3 - age 3

This class for boys and girls age 3 helps children develop locomotor, social, and listening skills through a variety of fun activities.

Fees:	\$64.00	(\$89.00 Non-county resident)
64009	Mon	Jan 6-Mar 3 6:30- 7:15 PM
64017	Fri	Jan 10-Mar 7 3:30- 4:15 PM
64018	Fri	Jan 10-Mar 7 5:30- 6:15 PM
64019	Sat	Jan 11-Mar 8 10:15AM-11:00PM
64020	Sat	Jan 11-Mar 8 11:15AM-12:00PM
64051	Sat	Jan 11-Mar 8 12:15- 1:00 PM
64052	Sat	Jan 11-Mar 8 12:45- 1:30 PM
Fees:	\$72.00	(\$97.00 Non-county resident)
64010	Tue	Jan 7-Mar 4 11:00-11:45 AM
64011	Tue	Jan 7-Mar 4 3:30- 4:15 PM
64012	Tue	Jan 7-Mar 4 5:30-6:15 PM
64013	Wed	Jan 8-Mar 5 3:30- 4:15 PM
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64014	Wed	Jan 8-Mar 5 5:30- 6:15 PM

# Tumble Kids 3/4 Combo - age 3 & 4

This class for boys and girls ages 3 and 4 helps children develop locomotor, social, and listening skills through a variety of fun activities and challenges.

Fees:	\$64.00	(\$89.00 Non	-county resident)
64021	Mon	Jan 6-Mar 3	12:30- 1:15 PM

Fees:	\$72.00	(\$97.00 Non	-county resident)
64022	Tue	Jan 7-Mar 4	12:30- 1:15 PM
64023	Thu	Jan 9-Mar 6	12:30- 1:15 PM

# Tumble Kids 4 - age 4

This class for boys and girls age 4 helps children develop locomotor, social, and listening skills through a variety of fun activities and challenges.

Fees:	\$64.00	(\$89.00 Non-county resident)
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64026	Mon	Jan 6-Mar 3 11:00-11:45 Al	М
64027	Mon	Jan 6-Mar 3 1:30-2:15 PM	1
64028	Mon	Jan 6-Mar 3 4:30-5:15 PM	1
64029	Mon	Jan 6-Mar 3 5:30-6:15 PM	1
64038	Fri	Jan 10-Mar 7 4:30- 5:15 PM	1
64039	Fri	Jan 10-Mar 7 6:30-7:15 PM	1
64040	Sat	Jan 11-Mar 8 10:15-11:00 Al	Μ
64041	Sat	Jan 11-Mar 8 11:15AM-12:00F	ЭМ
64042	Sat	Jan 11-Mar 8 12:45- 1:30 PN	Л
64043	Sat	Jan 11-Mar 8 1:45- 2:30 PM	1

Fees:	\$72.00	(\$	97.00 I	Non-	county resident)
64031	Tue	Jan	7-Mar	4	6:30- 7:15 PM
64032	Wed	Jan	8-Mar	5	4:30- 5:15 PM
64033	Wed	Jan	8-Mar	5	5:30- 6:15 PM
64165	Thu	Jan	9-Mar	6	1:30- 2:15 PM
64034	Thu	Jan	9-Mar	6	3:30- 4:15 PM
64035	Thu	Jan	9-Mar	6	5:30- 6:15 PM

# **5-YEAR OLD CLASSES**

# Gym Kids - age 5

For boys & girls age 5. This class is an introduction to basic gymnastics positions, skills, and activities on all pieces of appartus.

# Fees: \$64.00 (\$89.00 Non-county resident)

Mon	Jan 6-Mar 3	3	3:30- 4:15 PM
Mon	Jan 6-Mar 3	3	5:30- 6:15 PM
Fri	Jan 10-Mar	7	3:30- 4:15 PM
Fri	Jan 10-Mar	7	5:30- 6:15 PM
Fri	Jan 10-Mar	7	6:30- 7:15 PM
Sat	Jan 11-Mar	8	9:15-10:00 AM
Sat	Jan 11-Mar	8 -	11:15AM-12:00PM
Sat	Jan 11-Mar	8	1:45- 2:30 PM
	Mon Fri Fri Fri Sat Sat Sat	Mon Jan 6-Mar 3 Fri Jan 10-Mar Fri Jan 10-Mar Fri Jan 10-Mar Sat Jan 11-Mar Sat Jan 11-Mar	Mon Jan 6-Mar 3 Fri Jan 10-Mar 7 Fri Jan 10-Mar 7 Fri Jan 10-Mar 7 Sat Jan 11-Mar 8 Sat Jan 11-Mar 8

Fees:	\$72.00	(\$	97.00	Non-	county residen
64057	Tue	Jan	7-Mar	4	3:30- 4:15 PM
64059	Tue	Jan	7-Mar	4	5:30- 6:15 PM
64060	Wed	Jan	8-Mar	5	3:30- 4:15 PM
64061	Wed	Jan	8-Mar	5	4:30- 5:15 PM
64064	Wed	Jan	8-Mar	5	6:30- 7:15 PM
64065	Thu	Jan	9-Mar	6	3:30- 4:15 PM
64066	Thu	Jan	9-Mar	6	5:30- 6:15 PM

# **BOYS CLASSES**

# Boys Gymnastics - Level 1 - age 6-8

For boys ages 6-8. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, basic supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Fees:	\$80.00	(\$105.00 Non-	-county resident)
64143	Fri	Jan 10-Mar 7	4:30- 5:25 PM

Fees:	\$90.00	(\$115.00 Non-county resident)	)
64142	Tue	Jan 7-Mar 4 4:30- 5:25 PM	
64144	Wed	Jan 8-Mar 5 3:30-4:25 PM	
64145	Thu	Jan 9-Mar 6 3:30- 4:25 PM	

#### Boys Gymnastics - Level 1 - age 6+

For boys ages 6 and up. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, basic supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Fees:	\$80.00	(\$105.00 No	on-c	county resident)
64140	Fri	Jan 10-Mar	7	5:30- 6:25 PM
64141	Fri	Jan 10-Mar	7	6:30- 7:25 PM
64163	Sat	Jan 11-Mar 8	8	1:45- 2:40 PM

**Fees:** \$90.00 (\$115.00 Non-county resident) 64139 Wed Jan 8-Mar 5 5:30-6:25 PM

#### Boys Gymnastics - Level 1 - age 9+

For boys ages 9 and up. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls and handstands on floor, basic supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

**Fees:** \$90.00 (\$115.00 Non-county resident) 64146 Wed Jan 8-Mar 5 6:30-7:25 PM

#### Boys Gymnastics - Level 2 - age 6+

For boys ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands & cartwheels on floor, supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Fees:	\$80.00	(\$105.00 Non-	-county resident)
64148	Mon	Jan 6-Mar 3	3:30- 4:25 PM
64153	Fri	Jan 10-Mar 7	4:30- 5:25 PM

**Fees:** \$90.00 (\$115.00 Non-county resident) 64150 Wed Jan 8-Mar 5 4:30-5:25 PM

# Boys Gymnastics - Level 3 - age 6+

For boys ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class introduces intermediate level skills on all pieces of apparatus. Skills include roundoffs & handsprings on floor, supports, swings, leg swings, hangs, and circles on pommel horse, high bar, parallel bars, and rings.

Fees:	\$80.00	(\$105.00 Non-	county resident)
64154	Mon	Jan 6-Mar 3	4:30- 5:25 PM
64157	Fri	Jan 10-Mar 7	6:30- 7:25 PM

**Fees:** \$90.00 (\$115.00 Non-county resident) 64155 Thu Jan 9-Mar 6 4:30-5:25 PM

## Boys' Gymnastics - Level 3/4

For boys ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues intermediate level and introduces advanced skills on all pieces of apparatus. Skills include round-offs & andsprings on floor, supports, swings, leg swings, hangs, and circles on pommel horse, high bar, parallel bars, and rings.

**Fees:** \$90.00 (\$115.00 Non-county resident) 64164 Thu Jan 9-Mar 6 6:30-7:25 PM

#### Boys Gymnastics - Level 5 - age 6+

For boys ages 6+. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues advanced level skills in a progressive manner on all pieces of apparatus. Skills include handstands and saltos on floor, scissor swings & circles on pommel horse, handstands on parallel bars, large swings on high bar, and supports on rings.

Fees: \$108.00 (\$133.00 Non-county resident) 64159 Tue Jan 7-Mar 4 6:30-7:55 PM

# **GIRLS CLASSES**

# Girls Gymnastics - Level 1 - age 6-8

For girls ages 6-8. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, walks & changes of level on balance beam, supports and casts on uneven bars, and running & board drills on vault.

Fees:	\$80.00	(\$105.00 Non	-county resident)
64086	Mon	Jan 6-Mar 3	3:30- 4:25 PM
64088	Mon	Jan 6-Mar 3	4:30- 5:25 PM
64089	Mon	Jan 6-Mar 3	5:30- 6:25 PM
64096	Fri	Jan 10-Mar 7	4:30- 5:25 PM
64097	Fri	Jan 10-Mar 7	6:30- 7:25 PM
64098	Sat	Jan 11-Mar 8	9:15-10:10 AM
64099	Sat	Jan 11-Mar 8	10:15-11:10 AM
Fees:	\$90.00	(\$115.00 Non	-county resident)
64090	Tue	Jan 7-Mar 4	3:30- 4:25 PM
64091	Tue	Jan 7-Mar 4	4:30- 5:25 PM
64092	Wed	Jan 8-Mar 5	4:30- 5:25 PM
64093	Wed	Jan 8-Mar 5	5:30- 6:25 PM
64094	Thu	Jan 9-Mar 6	3:30- 4:25 PM

# Girls Gymnastics - Level 1 - age 6+

For girls ages 6 and over. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, walks & changes of level on balance beam, supports & casts on uneven bars, and running & board drills on vault.

Fees:	\$80.00	(\$105.00 Non-county resident)
64080	Fri	Jan 10-Mar 7 5:30- 6:25 PM
64081	Sat	Jan 11-Mar 8 11:15AM-12:10PM
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**Fees:** \$90.00 (\$115.00 Non-county resident) 64079 Wed Jan 8-Mar 5 6:30-7:25 PM

#### Girls Gymnastics - Level 1 - age 9+

For girls ages 9 and up. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls and handstands on floor, walks and changes of level on balance beam, supports and casts on uneven bars, and running & board drills on vault.

		(\$105.00 Non-county resident)
64103		Jan 6-Mar 3 6:30-7:25 PM
64106		Jan 11-Mar 811:15 AM-12:10PM
64108	Sat	Jan 11-Mar 8 12:45- 1:40 PM
Fees:	\$90.00	(\$115.00 Non-county resident)

Jan 9-Mar 6

Jan 7-Mar 4 5:30-6:25 PM

5:30- 6:25 PM

64104 Tue

64105 Thu

# Girls Gymnastics - Level 2 - age 6-8

For girls ages 6-8. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands and cartwheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip

circles on uneven bars, and running & board drills on vault.

Fees:	\$80.00	(\$105.00 Non-county resident)			
64115	Mon	Jan 6-Mar 3	4:30- 5:25 PM		
64120	Fri	Jan 10-Mar 7	3:30- 4:25 PM		
64121	Sat	Jan 11-Mar 8	9:15-10:10 AM		
Fees:	\$90.00	(\$115.00 Non-	-county resident)		
<b>Fees:</b> 64117		<b>(\$115.00 Non</b> -Jan 7-Mar 4	-county resident) 4:30- 5:25 PM		

### Girls Gymnastics - Level 2 - age 6+

For girls ages 6 and over. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands and cartwheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip circles on uneven bars, and running & board drills on vault.

Fees:	\$80.00	(\$105.00 Non-county resident)			
64109	Mon	Jan 6-Mar 3 5:30-6:25 PM			
64112	Fri	Jan 10-Mar 7 4:30- 5:25 PM			
64113	Sat	Jan 11-Mar 8 10:15-11:10 AM			
64160	Sat	Jan 11-Mar 8 1:45- 2:40 PM			
Fees:	\$90.00	(\$115.00 Non-county resident)			
64110	Tue	Jan 7-Mar 4 6:30-7:25 PM			

#### Girls Gymnastics - Level 2 - age 9+

Jan 9-Mar 6

4:30-5:25 PM

64111 Thu

For girls ages 9 and older. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands and cartwheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip circles on uneven bars, and running & board drills on vault.

		• •	-county resident) 6:30- 7:25 PM
Fees:	\$90.00	(\$115.00 Non	-county resident)

64124 Wed Jan 8-Mar 5 6:30- 7:25 PM 64125 Thu Jan 9-Mar 6 6:30- 7:25 PM

## Girls Gymnastics - Level 3 - ages 6+

For girls ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class introduces higher beginner and intermediate level skills on all pieces of apparatus. Skills include round-offs and walkovers on floor, mounts, dismounts, and turns on balance beam, sole circles and squat ons on uneven bars, and body position drills on vault.

Fees: 64126 64127 64132 64133		(\$105.00 Non Jan 6-Mar 3 Jan 6-Mar 3 Jan 10-Mar 7 Jan 11-Mar 8	-county resident) 5:30- 6:25 PM 6:30- 7:25 PM 5:30- 6:25 PM 12:45- 1:40 PM
Fees: 64128 64129 64130 64131	\$90.00	(\$115.00 Non	-county resident)
	Tue	Jan 7-Mar 4	4:30- 5:25 PM
	Tue	Jan 7-Mar 4	5:30- 6:25 PM
	Wed	Jan 8-Mar 5	4:30- 5:25 PM
	Wed	Jan 8-Mar 5	6:30- 7:25 PM

# Girls Gymnastics Level 4 age 6+

For girls ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues intermediate level skills on all pieces of apparatus. Skills include walkovers & handsprings on floor, leaps, jumps, & turns on balance beam, front hip circles on uneven bars, and body position drills on vault.

Fees:	\$96.00	(\$121.00 Non-	county resident)
64136	Mon	Jan 6-Mar 3	6:30- 7:55 PM
64162	Sat	Jan 11-Mar 8	1:45- 3:10 PM

**Fees:** \$108.00 (\$133.00 Non-county resident) 64137 Tue Jan 7-Mar 4 6:30-7:55 PM 64161 Wed Jan 8-Mar 5 5:30-6:55 PM

# Girls Gymnastics - Level 4/5/6 - age 6+

For girls ages 6 & older. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. The class combines intermediate level skills and introduces advanced level skills on all apparatus. Skills include handsprings on floor, leaps, turns, and cartwheels on beam, front hips circles and glide kips on bars, and handsprings on vault.

**Fees:** \$126.00 (\$151.00 Non-county resident) 64134 Wed Jan 8-Mar 5 6:30-8:25 PM

# Girls Gymnastics Level 5/6 - ages 6+

For girls ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class introduces advanced level skills on all pieces of apparatus. Skills include handsprings & saltos on floor, handstands & cartwheels on balance beam, glide kips on uneven bars, and handsprings on vault.

**Fees:** \$126.00 (\$151.00 Non-county resident) 64138 Thu Jan 9-Mar 6 6:30-8:25 PM

# **CHEER GYM CLASSES**

# Cheer Gym - Beginner - ages 6-8

For boys and girls age 6-8. This class focuses on the beginning tumbling skills and jumps used in cheerleading. Students also work on balance and jumping & landing from heights.

**Fees: \$80.00 (\$105.00 Non-county resident)** 64077 Sat Jan 11-Mar 8 12:45- 1:40 PM

# Cheer Gym - Beginner - age 9+

For boys and girls age 9 and up. This class focuses on beginning tumbling skills and jumps used in cheerleading. Students also work on balance and jumping & landing from heights.

**Fees:** \$90.00 (\$115.00 Non-county resident) 64076 Thu Jan 9-Mar 6 5:30-6:25 PM